

## THE RBA – Relationship Bank Account Notes

### Part III - The Public Victory

\*\*\*\*\*The Relationship Bank Account: The Stuff That Life Is Made Of; \*\*\*\*\*

REMEMBER: "One Kind Word Can Warm Three Winter Months." (Japanese saying)

#### The Relationship Bank Account – The Stuff Life Is Made Of

In the Private Victory, we learned about the Personal Bank Account, Habits 1, 2, & 3.

Now in the Public Victory, we'll learn about the Relationship Bank Account and Habits 4, 5, & 6. The key to mastering relationships is mastering yourself.

How are you doing with your relationships with your friends, siblings, parents or guardians, your girlfriend or boyfriend?

"Life's most urgent question is: What are you doing for others?" MLK

The Private Victory will help you become 'independent' so that you can say, "I am responsible for myself, and I can create my own destiny." This is a huge accomplishment. The Public Victory will help you become 'interdependent', that is, help you learn to work cooperatively with others, so that you can say, "I am a team player, and I have the power to influence and inspire people." This is an even greater accomplishment. The long and short of it is, your ability to get along with others will largely determine how successful you are in your career and your level of personal happiness.

- The **PBA (Personal Bank Account)** represents the amount of trust and confidence you have in yourself.
- The **RBA (Relationship Bank Account)** represents the amount of trust and confidence you have in each of your relationships.

#### RBA (Relationship Bank Account)

RBA Deposits	RBA Withdrawals
Keep Promises	Break Promises
Do Small Acts of Kindness	Keep to Yourself
Be Loyal	Gossip and Break Confidences
Listen	Talk too Much
Say You're Sorry	Be Arrogant
Set Clear Expectations	Set False Expectations

Remember: "One kind word can warm three winter months." (Japanese Saying)

You need to answer these questions – placing them in your notebook to be sure you understand the notes.

Quiz (not to be turned in): PBA ( Personal Bank Account)

1. Why is Interdependence a more mature level than Independence?
2. Why is success with self so important to succeed with others?
3. Why are little things considered big things in relationships?
4. Consider three of your closest relationships. How well do you listen in each?
5. Define: a) Independent: b) Interdependent